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Gearred2Lead

**Youth Leadership Development Programme
with ASHREF ISMAIL**

Week 2 - Session 2 (11 July 2020)

WEEK 1 - Sat, 4 July 2020



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Module	Session A (Theory: Self-Study)	Session B (Theory: Via Zoom)	Task (Practical Application)	Submission Deadlines for Tasks
1	Module 3: Situational Leadership	*Importance of Networking	T4: SWOT Analysis T5: Wheel of Life	T3: <u>(20 July 2020)</u> T4: <u>(20 July 2020)</u>
2	Module 4: A Personal Inventory	Life-Coaching: Towards Self Mastery within the Nine Dimensions	T6: Self Mastery Work-plan T7: Self Mastery Questionnaire	T5: <u>(20 July 2020)</u> T6: <u>(20 July 2020)</u>
			T8: Book Review	T8: <u>(08 Aug 2020)</u>

What is Networking Skills?



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Networking is the
deliberate action
or process of
interacting with
others to exchange
information and
develop
professional or
social contacts.



Life is a
network of
connections

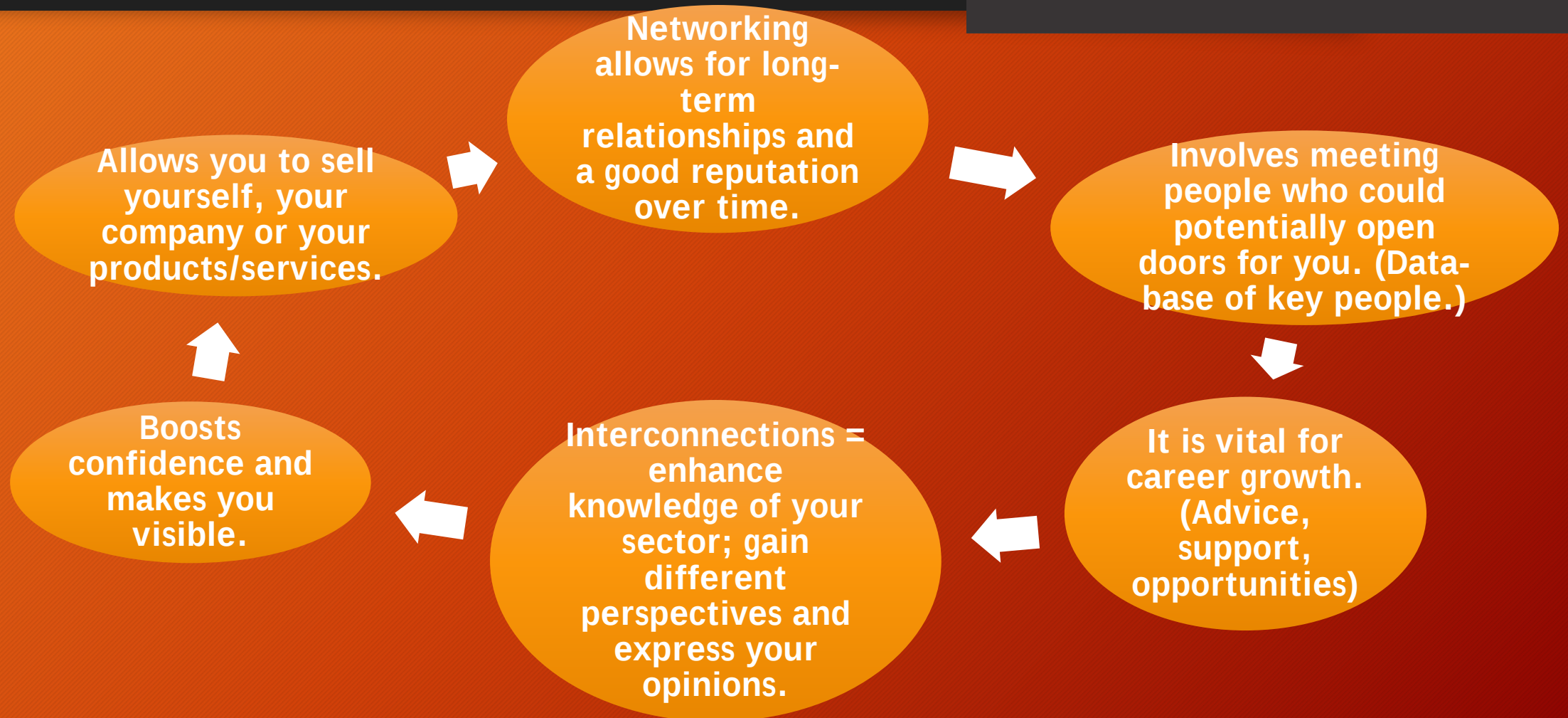
**Do you
agree?**



What are the benefits of Networking?



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Tips on Networking



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Go well prepared: dress, research, business cards, “elevator pitch”



What is/are your objective/s? - Do you have a target?



Come prepared with questions? Be curious, show interest and be sincere.



Venue: Smile, stand near the food table, don't take anyone for granted.



Don't hog one guest! Mingle, ice-breaker? (Lasting impression) Keep it professional



Remember people's names. Don't forget to follow up!

Case Study (not for evaluation)



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- *Discussion point: give an example of how a “connection” (personal or professional) opened doors for you?*
- ***Suppose you are at VodaWorld head-office to drop off samples of your cellphone widget. You are in the lift when the door opens and in walks-in Shameel Joosub, the CEO of Vodacom!! What do you do? What do you say? You have 45 seconds before he gets off on his floor!!***



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•Goal Setting within the Nine Dimensions

Maslow's Hierarchy of Needs



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Self Actualization: desire to become the most that one can be, altruistic needs

Esteem: respect, self esteem, status, recognition, strength, freedom

Love and Belonging: friendship, intimacy, family, sense of connection

Safety Needs: Security, employment, resources, health, property

Physiological needs: air, water, food, shelter, clothing and reproduction

MASLOW'S HIERARCHY OF NEEDS

Task 4: SWOT Analysis (20/07)



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STRENGTHS (Skills/traits/values/attitude/habits/etc)

WEAKNESSES (Shortcomings in skills, traits, values etc.)

OPPORTUNITIES (What doors can open for me?)

THREATS (What happens if I don't work on this?)

Nine Dimensions (Quotients)



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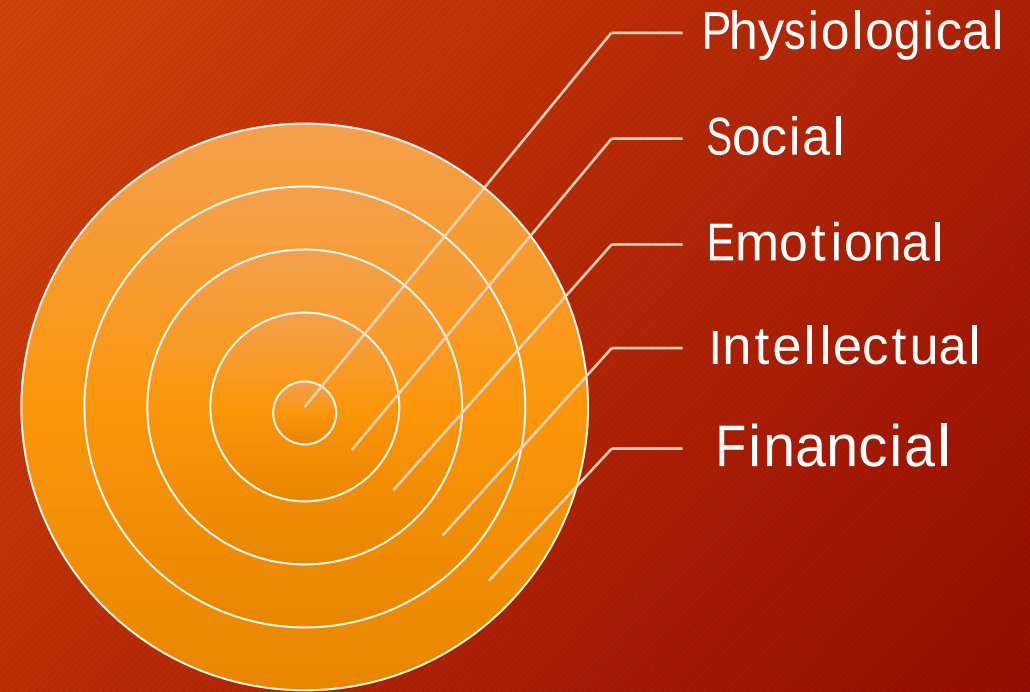
- 1. Health - Physiological
- 2. Friends & Family - Social
- 3. Significant Other - Emotional
- 4. Personal Growth - Intellectual
- 5. Career - Occupational
- 6. Money - Financial
- 7. Home Environment - Charity/Religious/Spirituality
- 8. Fun & Leisure. - Leisure

Task 5: Wheel of Life (20/07)



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- Download the Wheel of Life on the sheet from www.realworldtraining.co.za
- Complete the Wheel of Life by scoring yourself honestly.
- **(1 = Poor; 10 = Excellent)**
- Identify your strengths and build on them.
- Identify your areas of weaknesses and complete the Work-plan



Task 6: Self Mastery Work-plan (20/07)



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- Go to www.realworldtraining.co.za
- Download Task 6 (Self Mastery Workplan) Template and complete the plan as discussed.
- Remember: **SMART Objectives**
- **Deadline: 20/07**

WHAT ARE SMART OBJECTIVES?



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- **SPECIFIC** Your goal/aim should be clear and specific (qualitative?)
- **MEASURABLE:** It must be measurable (how much? how many?) quantitative
- **ACHIEVABLE:** Are your goals/aims realistic/achievable?
- **RELEVANT** Are your activities linked to and relevant to your goals?
- **TIME-FRAMED** Are your goals linked to deadlines (time-frames)?

Task 7: Self Mastery Questionnaire (20/07)



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- Go to www.realworldtraining.co.za
- Download Task 7 Questionnaire and complete as honestly and in comprehensively as possible.
- Please remember to add your photograph at the end of the questionnaire.
- File the original in your Learning Material Lever Arch File and email a copy to me on ash@rwtraining.co.za
- This questionnaire is confidential

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Task 8: Book Review (08/08)



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- **Select any Leadership book:**
 - **Reference**
 - **Non-fiction**
 - **Biography/autobiography**
 - **Hard Copy/e-book/on-line**
 - **Any role-model of your choice: personality/celebrity/**
 - **Politics/religious/cultural/arts/sports/business/innovation/**
 - **Inspirational and motivational**
- **Send me a WhatsApp pic of the cover to get an “OK” before commencing reading.**
- **Start reading with the intention of preparing a book review of 250 words**

Take away of the week!

Attitude + Aptitude = **Altitude**

END OF WEEK 2



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- Any queries: Ash@rwtraining.co.za
- Whatapp: 061 447 8506
- Are you on our Whatsapp Group?
- ***HAVASUPAWEEK!! Stay safe, stay strong and remain focused!***